



## **DAY 1**

### **God's Design for Sexuality**

**Reading:** *Genesis 1:26-31, 2:18-25*

**Devotional:** God's original design for human sexuality was "very good." As we read about the creation of man and woman, reflect on how God intended sexuality to be a beautiful, intimate expression of love within marriage. Consider how our culture's view of sexuality often diverges from God's plan. Pray for wisdom to honor God with your body and relationships. How can you cultivate a godly perspective on sexuality in your life today?

## **DAY 2**

### **Transforming Our Minds**

**Reading:** *Romans 12:1-2, Philippians 4:8-9*

**Devotional:** Paul urges us not to conform to the patterns of this world, but to be transformed by the renewing of our minds. In a culture saturated with sexual messages, it's crucial to intentionally fill our minds with God's truth. Reflect on what influences are shaping your thoughts about sexuality. Ask God to help you identify and remove negative influences, replacing them with His life-giving truth. What practical steps can you take to guard your mind and heart?

## **DAY 3**

### **The Spiritual Nature of Sexuality**

**Reading:** *1 Corinthians 6:12-20*

**Devotional:** Paul teaches that sexual intimacy is not merely physical, but deeply spiritual. Our bodies are temples of the Holy Spirit, and we are called to honor God with them. Meditate on what it means to be united with Christ. How does this spiritual reality impact your view of sexuality? Pray for the strength to flee from sexual immorality and to pursue holiness in all areas of life. What boundaries might you need to establish to protect your spiritual and sexual integrity?

## **DAY 4**

### **God's Forgiveness and Restoration**

**Reading:** : *1 Corinthians 6:9-11, Isaiah 1:18*

**Devotional:** No matter our past, God offers complete forgiveness and restoration through Christ. If you carry shame or guilt from past sexual sins, bring them to the cross today. Reflect on the transforming power of God's grace. He can make you new and pure. Thank Him for His mercy and cleansing. How can you extend this same grace and forgiveness to others who struggle? Consider sharing your testimony of God's restoration with someone who needs hope.

## **DAY 5**

### **Cultivating Godly Relationships**

**Reading:** *1 Thessalonians 4:3-8, Ephesians 5:1-2*

**Devotional:** God calls us to live holy lives, especially in our relationships. Purity is not just about avoiding sin, but actively pursuing love that reflects Christ's sacrificial love for us. Examine your relationships – are they characterized by selflessness and respect? Ask God to help you see others as He sees them, not as objects for personal gratification. How can you be a positive influence in promoting godly attitudes toward sexuality in your community?