



## Game Show: The choice is yours

Self-control is choosing to do what's best even when you don't want to.



### Talk About the Bible Story

Open the Bible together and read Proverbs 25:16 or watch the video together on the Parent Cue app.

#### Engagement Questions

- **Why is it hard to stop?**
- How do you recognize when you need to stop doing something?
- Who can you depend on to help you stop?

#### Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



#### Prayer

"Dear God, thank You for today. Help us to know when to stop this week so that we protect ourselves and the people around us. We want to trust You in all things. We love You, and we pray these things in Jesus' name. Amen."

Weekly Parent Cues →

# Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



### Morning Time

As your kid starts their day, tell them about a time when you saw them exercise self-control with food or a game or spending money. (If it's good, make sure you don't tie your compliment to something that may reinforce a negative body image.)



### Meal Time

At a meal this week, have everyone at the table answer this question: "Why is it hard to stop?"



### Drive Time

While on the go, ask your kid: "If you could eat one food every day for the rest of your life, what would it be?"



### Bed Time

Pray for each other: "Jesus, help us to practice self-control with things. May a game, food, a collection, or anything else never control us. Help us to know when to stop."

### More Ways to Engage with Your Kid

#### Faith & Character Activities



#### Worship Song of the Month



#### Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES



#### MEMORY VERSE

God's power has given us everything we need to lead a godly life.  
2 Peter 1:3a, NIRV