

Silver Creek Fellowship NOTES

January 16 and 19

WHY IS IT SO HARD TO CHANGE MYSELF?

Ecclesiastes 7:20 *"There's not a single person in all the earth who is always good and never sins."*

James 3:2 *"None of us is perfectly qualified. We get it wrong nearly every time we open our mouths. If you could find someone whose speech was perfectly true you'd have a perfect person in perfect control of life." (The Message)*

Romans 3:23 *"For everyone has sinned; we all fall short of God's glorious standard."*

1 John 1:8 *"If we claim to be sinless we deceive ourselves and the truth is not in us."*

Your life doesn't get better _____ it get's better

Ephesians 4:21-27 *"Since you have heard all about Jesus and you have learned the truth that is in him, throw off your old evil nature and your former way of life, which is rotten through and through, full of lust and deception. Instead, there must be a spiritual renewal of your thoughts and your attitudes. You must put on the new nature because you are a new person, created in God's likeness — righteous and holy and true. So put away all falsehood and tell your neighbor the truth because we belong to each other. Don't let the sun go down while you are still angry, for anger gives a mighty foothold to the Devil."*

REQUIREMENTS FOR PERSONAL CHANGE

1. **Change requires** _____

Ephesians 4:21 *"Since you have heard all about Jesus and have learned the truth that is in him..."*

Behind every self-defeating behavior in my life _____

The biggest liar in your life is _____

2 Timothy 3:16 *"All Scripture is inspired by God and is useful to teach us what is true and to make us realize what's wrong in our lives. It straightens us out and teaches us to do what is right."*

2. **Change requires** _____

Ephesians 4:22 *"Throw off your old evil nature and your former way of life, which is rotten through and through, full of lust and deception."*

Philippians 2:12-13 *“Continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act according to his good purpose.”*

Ephesians 2:8-9 *“For by grace we are saved through faith; and even that is not of ourselves. It is the gift of God, not of works, so nobody can brag about it.”*

God gives 2 kinds of energy: The power **to will and to act**.

3. Change requires _____

Every _____ is determined by _____

2 Corinthians 10:5 *“We capture every thought and make it give up and obey Christ.”*

Ephesians 4:23 *“There must be a spiritual renewal of your thoughts and attitudes.”*

4. Change requires _____

Ephesians 4:24 *“You must put on your new nature because you are a new person created in God’s likeness – righteous, holy, and true.”*

How does the Holy Spirit work in your life? _____

2 Corinthians 3:18 *“As the Spirit of the Lord works within us, we become more and more like him.”*

5. Change requires _____

Ephesians 4:25 *“Put away all falsehood and tell your neighbor the truth because we belong to each other.”*

Proverbs 28:13 *“You’ll never succeed in life if you try to hide your sins. Confess them and give them up. Then God will show mercy.”*

Galatians 6:2 *“By helping each other with your troubles, you truly obey the law of Christ.”*

6. Change requires _____

Ephesians 4:26-27 *“Don’t let the sun go down while you’re still angry, for anger gives a mighty foothold to the devil.”*

Anytime you have a _____ that’s a _____ in your life.