

# Silver Creek Fellowship Notes

11/08/15

## FIGHT

### What Do I Do When My World Falls Apart?

#### 1. I unload all of my \_\_\_\_\_

Lam. 3:1-10 *“I am a man who has seen affliction, by the rod of his wrath. He has driven me away and made me walk in darkness rather than light; he has turned his hand against me again and again, all day long. He has made my skin grow old and broken my bones. He has surrounded me with bitterness and hardship. He has made me dwell in darkness like the dead. He has walled me in so I cannot escape; he has weighed me down with chains. Even when I call out or cry for help, he shuts out my prayer. He has barred my way with blocks of stone; he has made my paths crooked.”*

Lam. 3:17-18 *“I cannot find peace; I cannot remember happiness. I tell myself I am finished. And I can't count on the Lord to do anything for me.”*

#### 2. I turn my focus \_\_\_\_\_

Lam. 3:19-26 *“The thought of my pain and my homelessness is bitter poison. I think of it constantly, and my spirit is depressed. Yet hope returns when I remember this one thing: The Lord's unfailing love and mercy still continue, fresh as the morning, as sure as the sunrise. The Lord is all I have, so in him I put my hope.” (TEV)*

Lam. 3:31-33 *“The Lord is merciful and will not reject us forever. He may bring us sorrow, but his love for us is sure and strong. He takes no pleasure in causing us grief or pain.” (TEV)*

#### 3. I get alone with God \_\_\_\_\_

Lam. 3:28-29 *“When life is heavy and hard to take, go off by yourself. Enter the silence. Bow in prayer. Don't ask questions: Wait for hope to appear.” (MSG)*

Lam. 3:25-26 *“The Lord is good to everyone who trusts in him, so it is best for us to wait in patience—to wait for him to save us.” (TEV)*



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4. I change the \_\_\_\_\_

Lam. 3:40 *“Let us examine our ways and test them, and let us return to the Lord.”*

5. I ask God to \_\_\_\_\_

Lam. 3:53-57 *“My enemies threw me into a pit and dropped stones on me. The water flowed above my head, and I cried out, ‘This is the end!’ But I called on your name, Lord, from deep within the well, and you heard me! You listened to my pleading; you heard my weeping! Yes, you came at my despairing cry and told me, ‘Do not fear!’”* (NLT)

Ps 34:4, *“I prayed to the Lord and he answered me, freeing me from all my fears.”*

Ps 27:13 *“I would have despaired when my world fell apart unless I had believed that I would see the goodness of the Lord in the land of the living.”*

6. I expect Jesus to \_\_\_\_\_

Lam. 5:21 *“Restore us, O Lord, and bring us back to you again! Give us back the joys we once had!”* (NLT)

Ps 51:12: *Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.*

Lam. 3:24: *“Deep in my heart I say the Lord is all I need. I can depend on him.”*

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*If you are new/visiting and would like to meet a leader or have questions please stop by The Hub in our lobby. We would love to meet you!*

