

Silver Creek Fellowship NOTES

December 10, 2017

TIME FOR CHRISTMAS

Time to Let Go of Worry

(and Embrace the Peace of God)

Worry never solves _____ but it does rob me of _____

Matthew 6:25-34 - "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes?"²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"²⁷ Who of you by worrying can add a single hour to his life?

²⁸ "And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin."²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these.³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith?"³¹ So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'"³² For the pagans run after all these things, and your heavenly Father knows that you need them.³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well.³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Jesus does not want me _____

Instead of worrying, _____

SEVEN REASONS NOT TO WORRY

1. Life is more than _____

2. The _____ count on God

3. _____ doesn't get you anywhere

4. Unbelievers are _____ about food and clothing

5. Your heavenly Father _____

6. God will carry your burdens _____

7. Tomorrow will be _____

Jesus Doesn't Want His Followers to Be Anxious

Philippians 4:6-9 "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

⁸Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.